

**PROMPTS FOR PUBLIC COMMENTERS**  
**Board of Pharmacy Public Meeting, July 31, 2024**

1. **Personal Impact:** Describe how the proposed regulations would affect your personal health or the health of someone you care about. For example, explain how losing access to a specific compounded medication would impact your daily life, ability to work, or overall well-being.
2. **Chronic Illness:** Explain the importance of compounded medications like Glutathione and Methylcobalamin for managing chronic illnesses such as long COVID, Lyme Disease, and ME/CFS. Discuss how these treatments are often the only effective option for managing symptoms and maintaining quality of life.
3. **Firefighters:** Discuss the crucial role these compounds play in detoxifying firefighters from hazardous exposures. Share stories or statistics about how these treatments help firefighters recover from exposure to toxins and chemicals encountered in the line of duty.
4. **Lack of Alternatives:** Highlight the lack of effective alternatives to compounded medications and the potential health crises that could result. For example, explain how over-the-counter supplements are often ineffective compared to compounded IV infusions and how this would leave many without viable options.
5. **Scientific Evidence:** Present scientific studies or evidence supporting the efficacy and safety of these compounded medications. Cite specific research findings or expert opinions that demonstrate the benefits and necessity of these treatments.
6. **Comparison to Other States:** Point out that these treatments are legally available in all other states and question why California should be different. Discuss how this inconsistency could force you or members of your community to move away from California and the injustice of this.
7. **Transparency Issues:** Talk about the lack of transparency and clarity in the proposed regulations and the public comment process. If you were at the June 18 hearing, highlight specific instances where the Board's responses were generic and undermining genuine public participation.
8. **Legal Overreach:** Discuss how the Alliance for Pharmacy Compounding found 57 specific instances where the regulations exceed federal and Pharmacopeia standards without justification. Explain how this overreach is unnecessary, burdensome, and harmful.
9. **14th Amendment Violations:** Explain how the proposed regulations could violate the 14th Amendment by being arbitrary, discriminatory, and lacking due process. Discuss how these regulations fail to provide equal protection and fair treatment under the law.
10. **Assembly Bill 973:** Describe how the Board is exploiting Assembly Bill 973 to impose overly stringent regulations. Explain that while AB 973 was intended to ensure alignment with Pharmacopeia standards, it is being misused to justify excessive deviations from federal norms.
11. **Economic Impact:** Discuss the potential economic impact on compounding pharmacies and the broader healthcare industry in California. For example, talk about how these regulations could lead to the closure of small pharmacies, job losses, and reduced access to healthcare services.

12. **Public Health:** Argue how these regulations could negatively impact public health by restricting access to essential medications. Explain how reduced access could lead to worsening health outcomes for many individuals who rely on these treatments.
13. **Patient Stories:** Share specific stories of patients who have benefited from these compounded medications. For example, describe a patient's journey and how a particular compounded treatment has been life-changing or life-saving.
14. **Medical Professional Opinion:** If you are a doctor or pharmacist, provide your professional opinion on why these regulations are harmful. Discuss your experience with compounded medications and how they have positively impacted your patients' health.
15. **Opposition from Medical Organizations:** Mention the opposition from respected organizations like Kaiser Permanente, Cedars-Sinai, the California Hospital Association, and others. Explain how it concerns you that the Board of Pharmacy is still moving forward despite this broad opposition.
16. **Personal Testimony:** Provide a personal testimony about how these treatments have improved your quality of life. For example, describe how a specific compounded medication has allowed you to manage your illness and maintain your independence.
17. **Call for Reconsideration:** Urge the Board to reconsider the regulations, citing the lack of public support and lack of scientific evidence. You may mention that the Board's motivation does not seem in the best interest of the public.
18. **Potential Harm:** Discuss the potential harm that could come from restricting access to these medications. For example, explain how the loss of access could lead to increased hospitalizations, worsening health conditions, and higher healthcare costs.
19. **Community Impact:** Talk about how these regulations could affect your community and its members. For example, describe the ripple effects on local healthcare providers, patients, and overall community health and well-being.
20. **Call to Action:** End with a call to action, urging the Board to listen to the voices of the people and protect access to essential treatments. Encourage others to speak up, get involved, and join the fight against these harmful regulations.